

LONG COURSE RECORDS

MALE

Event	Date	Venue	Name	Time
50m. Free	12.06.86	Edinburgh	Brian Archibald	24.59
100m. Free	10.03.07	Dublin	Ross Douglas	52.91
200m. Free	22.05.92	Sheffield	Sean McQuaid	1.54.99
400m. Free	17.06.89	Edinburgh	Nicky Waterson	4.06.50
800m. Free	01.08.06	Sheffield	Ross Douglas	8.28.80
1500m. Free	29.07.89	Leeds	Ross Noble	15.41.28
50m. Back	13.04.91	Sheffield	Nicky Waterson	27.7
100m. Back	08.04.11	Tollcross	Euan Alston	1.00.83
200m. Back	24.05.19	Tollcross	Michael Flynn	2.13.87
50m. Breast	20.06.03	Tollcross	Jamie Parkinson	30.43
100m. Breast	21.06.03	Tollcross	Jamie Parkinson	1.07.06
200m. Breast	22.06.03	Tollcross	Jamie Parkinson	2.27.29
50m. Fly	20.08.10	Sunderland	Calum McGhee	25.72
100m. Fly	19.08.10	Sunderland	Calum McGhee	56.2
200m. Fly	30.07.09	Sheffield	Calum McGhee	2.03.52
200m. Ind.Med.	22.04.90	Oslo	Scott McKinlay	2.12.15
400m. Ind.Med.	23.04.90	Oslo	Scott McKinlay	4.38.79
4 x 50m. Free	12.04.91	Sheffield	G.B. Teams	1.41.77
4 x 100m. Free	17.06.92	East Kilbride	Nationals	3.40.61
4 x 200m. Free	14.06.91	East Kilbride	Nationals	8.00.92
4 x 50m. Med.	05.04.86	Edinburgh	Spring Meet	1.56.17
4 x 100m. Med.	13.06.86	Edinburgh	Nationals	4.12.60