CUMBERNAULD SWIMMING CLUB

West District Long Course JAG Championships 2015
07 - 08 February 2015
Dollan Aquatic Centre, East Kilbride
Warm Up: 09.00 / 13.30
Start: 10.00 / 14.30

	Saturday						Sunday					
NAME	Morning			Afternoon			Morning			Afternoon		
Duffell, Bethany							400 IM			200 Br		
Flynn, Michael	100 Fr			400 Fr			1500 Fr			200 IM	200 Fr	
Glen, Sam	200 Br						100 Br					
Hughes, Ben	200 Br						100 Br					
Jeffrey, Emma	100 Br			200 Fr			100 Fr			400 Fr		
Knox, Georgia	100 Br									100 Bk	200 Br	
Lindsay, Jake	200 Br						100 Br			200 IM	200 Fr	
Martin, Kerr	100 Fr	200 Br		100 Bk								
McDonald, Euan				200 Fly								
Neilson, Cameron	100 Fr	200 Br					100 Br	200 Bk				
O'Reilly, Elle				100 Fly			400 IM			100 Bk	200 Fly	
Rogerson, Abby				200 IM	100 Fly							
Selbie, Shaun	400 IM									100 Fly		